

	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
EMP																					
Morning	Towcester	12	B	Suffolk Downs	10	A	Kilkenny	10	A	Waterford	10	A	Suffolk Downs	10	A	Harlow	10	A			
Morning	Suffolk Downs	12	C	Oxford	12	B	Harlow	12	B	Henlow	12	B	Harlow	12	B	Romford	14	J	Doncaster	14	J
Morning	TBC	10	D	Romford	12	C	Crayford	12	C	Suffolk Downs	12	C	Hove	12	C	Crayford	14	K	Harlow	14	K
Afternoon	Monmore	12	E	Monmore	12	E	Monmore	12	E	Crayford	12	E	TBC	10	D	Doncaster	14	L	Towcester	14	M
Afternoon	Romford	12	F	Hove	12	F	Hove	12	F	Romford	12	F	Monmore	12	F	Oxford	14	M	Mullingar	10	IR
Evening	Doncaster	12	G	Towcester	12	G	Doncaster	12	G	Hove	12	G	Romford	12	G	Hove	12	G	Harlow	12	G
Evening	Oxford	11	H	Crayford	11	H	Harlow	11	H	Monmore	11	H	Oxford	11	H	Monmore	11	H	Henlow	11	H
Evening	Youghal	10	IR	Tralee	10	IR	Youghal	10	IR	Limerick	10	IR	Tralee	10	IR	Romford	11	I			

Races	UK												Ireland (IR)			
	Morning				Afternoon		Evening			Weekend Morning		Weekend Afternoon		Youghal Mon & Wed	Evening (Tues/Thur/Fri)	Sunday Afternoon
	A	B	C	D	E	F	G	H	I	J	K	L	M			
1	08:21	10:59	11:07	11:37	14:23	14:32	18:09	18:17	18:22	10:12	10:17	13:49	13:57	18:21	18:53	14:58
2	08:37	11:16	11:23	11:54	14:42	14:52	18:28	18:33	18:39	10:31	10:37	14:07	14:12	18:38	19:12	15:18
3	08:54	11:33	11:41	12:11	15:02	15:11	18:43	18:48	18:54	10:46	10:53	14:23	14:32	18:54	19:28	15:37
4	09:12	11:49	11:59	12:27	15:18	15:28	18:58	19:07	19:12	11:01	11:09	14:42	14:52	19:13	19:42	15:57
5	09:28	12:07	12:14	12:44	15:38	15:48	19:18	19:24	19:32	11:16	11:24	15:02	15:11	19:32	19:54	16:17
6	09:44	12:24	12:31	13:02	15:58	16:08	19:36	19:44	19:52	11:31	11:39	15:18	15:28	19:48	20:09	16:37
7	10:01	12:41	12:48	13:19	16:18	16:28	19:56	20:03	20:08	11:46	11:54	15:38	15:48	20:08	20:29	16:57
8	10:19	12:59	13:07	13:37	16:38	16:48	20:17	20:23	20:28	12:01	12:09	15:58	16:08	20:26	20:47	17:17
9	10:34	13:16	13:22	13:53	16:58	17:08	20:38	20:43	20:48	12:16	12:24	16:18	16:28	20:41	21:06	17:37
10	10:49	13:32	13:41	14:11	17:18	17:28	20:54	21:02	21:07	12:31	12:39	16:38	16:48	20:58	21:22	17:54
11		13:49	13:57	14:28	17:37	17:44	21:12	21:18	21:22	12:46	12:54	16:58	17:08			
12		14:07	14:16	14:47	17:54	18:02	21:28			13:02	13:09	17:18	17:28			
13										13:17	13:24	17:37	17:44			
14										13:33	13:39	17:54	18:02			

Only to be used if a 12 race card