

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Races
EMP		Suffolk Downs 10 A	Kilkenny 10 A	Waterford 10 A	Suffolk Downs 10 A	Harlow 10 A		50
Morning	Central Park 12 B	Central Park 12 B	Harlow 12 B	Central Park 12 B	Harlow 14 I	Romford 14 I	Doncaster 12 B	88
Morning	Suffolk Downr 12 C	Romford 12 C	Crayford 12 C	Towcester 12 C	Hove 14 J	Crayford 14 J	Harlow 12 C	88
Afternoon	Monmore 14 D	Monmore 14 D	Monmore 14 D	Crayford 14 D	Crayford 14 D	Doncaster 14 D	Towcester 14 E	98
Afternoon	Romford 14 E	Hove 14 E	Hove 14 E	Romford 14 E	Monmore 14 E	Henlow 14 E	Mullingar 10 IR	94
Evening	Towcester 11 F	Crayford 11 F	Harlow 11 F	Monmore 11 F	Central Park 11 F	Monmore 11 F	Henlow 11 F	77
Evening	Doncaster 12 G	Towcester 12 G	Doncaster 12 G	Hove 12 G	Romford 12 G	Hove 12 G	Central Park 12 G	84
Evening	Youghal 10 IR	Tralee 10 IR	Youghal 10 IR	Limerick 10 IR	Cork 10 IR	Romford 11 H		61

RACES	Morning			Afternoon		Evening			Friday/ Saturday morning		Irish (IR)		
	A	B	C	D	E	F	G	H	I	J	Evening (Tue/Thu/Fri)	Sunday Afternoon	Youghal Mon & Weds (Fr 02/05/22)
1	08:12	10:46	10:53	13:49	13:57	18:17	18:09	18:22	10:12	10:17	18:53	14:58	18:21
2	08:27	11:01	11:09	14:07	14:12	18:33	18:28	18:39	10:31	10:37	19:12	15:18	18:38
3	08:43	11:16	11:24	14:23	14:32	18:48	18:43	18:54	10:46	10:53	19:28	15:37	18:54
4	09:02	11:31	11:39	14:42	14:52	19:07	18:58	19:12	11:01	11:09	19:42	15:57	19:13
5	09:18	11:46	11:54	15:02	15:11	19:24	19:18	19:32	11:16	11:24	19:54	16:17	19:32
6	09:34	12:01	12:09	15:18	15:28	19:44	19:36	19:52	11:31	11:39	20:09	16:37	19:48
7	09:52	12:16	12:24	15:38	15:48	20:03	19:56	20:08	11:46	11:54	20:29	16:57	20:08
8	10:07	12:31	12:39	15:58	16:08	20:23	20:17	20:28	12:01	12:09	20:47	17:17	20:26
9	10:23	12:46	12:54	16:18	16:28	20:43	20:38	20:48	12:16	12:24	21:06	17:37	20:41
10	10:41	13:02	13:09	16:38	16:48	21:02	20:54	21:07	12:31	12:39	21:22	17:54	20:58
11		13:17	13:24	16:58	17:08	21:18	21:12	21:22	12:46	12:54			
12		13:33	13:39	17:18	17:28		21:28		13:02	13:09			
13				17:37	17:44				13:17	13:24			
14				17:54	18:02				13:33	13:39			